



### 1. Bir Varmış Bir Yokmuş Hayat (Once Upon A Life)

featuring Bassam Saba and Tahir Aydoğdu

Lyrics by Nazan Nihal

Bir vamış bir yokmuş hayat Çoğu dışında azı içinde yaşarmış İşık olmanın suç olduğu yerlerde Herkes karanlıktan korkarmış

Bir varmış bir yokmuş hayat Tadına doyulmaz sonundan kaçılmazmış Kaynağı tekmiş, farklı sanan insanmış Gerçek olamayacak kadar güzel bir yalanmış

Aşk ile sulanmazsa, solarmış ruhlar zamanla...

Bir varmış bir yokmuş hayat Öze dönmek yuvayı bulmak pek bir zormuş Sonsuz sınavlar diyarıymış Affettikçe yaralar teker teker kapanırmış

#### Translation:

Once upon a life In which the majority lived outside of it, and few lived within There were places where being light was considered a crime.
Still, everyone feared the dark.

Once upon a life A life so insatiable, with its end so inevitable It all came from a singular source.
(Though mere humans thought otherwise...
For it was a lie too good to be true.)

Souls wither in time unless watered by love.

Once upon a life,
The journey home (to the seed of our humanity) was arduous.
It was a realm of endless tests.
But wounds were healed, one by one,
as people gave forgiveness to each other.

2. Ihrill of the Chase
featuring Arto Tunçboyacıyan and Dave Weckl

# 3. Değişmek Cesaret İster (Change Takes Courage)

featuring Bassam Saba Lyrics by Nazan Nihal

Bir yıldız gibi kayarken semalarında Senin hala benden haberin yok Hep inkarlardasın, Yokmuşum hiç olmamışım gibi davranmaktasın

> Acılarım gerçek Hayallerim gerçek Kayıp giden gençliğim Umutlarım gerçek

Değişmek cesaret ister Sevmek emek ister Aydınlık karanlığı örter Birkez olsun iste yeter

Bir zamanlar vardım şimdi yokum Başka bedenlerde can bulurum Sen o zaman da tanımazsın beni Yüreği kör olanın gözleri görmez ki.

#### Iranslation:

While I'm falling like a star in your heaven,
You still don't notice me.
You are always in denial Acting like I am not here; that I don't even exist!

My pain is real, My dreams are real. My fading youth and My hopes are real.

Change takes courage;
Love takes effort;
And even the softest luster eclipses the darkness.
Just ask for it, even once!

Once, I was alive in other bodies - but no longer.

I am reincarnated anew.

You wouldn't recognize me now, either...
For those with blind hearts are sightless.

# 4. Neotolian Song

featuring Yazhi Guo and Tao He Lyrics by Nazan Nihal

Neotolian is a language invented in 2016 by Nazan Nihal for this album.

She drew inspiration from ancient Anatolian civilizations, languages, and cultures.

Sterrabey rona şaova Sterrabey apaulwana

Luvia kixeroseonoa Luvia anni eya İmmaramua kixeroseonoa Luvia anni eya

Xera Jiriniye werema Jiriniye kadınna Ay stranimeya kistemiyea Ah malidimai me Luvia

> Sterrabey kessera Luvi anni izreya İmmaramua lusatra İsatari tatti annieya

Tatti anni issari Sarri avis jiyana Gewre çiyan arha Beze kata ziparwa



# 5. Manastır Türküsü (Song of the Monastery)

A Traditional Turkish Folk Song

Manastırın ortasında var bir havuz Aman havuz Bizim yurdun kızları hepsi de yavuz Biz çalar oynarız

Manastırın ortasında var bir çeşme Aman çeşme Bizim yurdun kızları hepsi de seçme Biz çalar oynarız

Manastırın ortasında var bir pınar Aman pınar, canım pınar Bizim yurdun kızları hepsi de çınar Biz çalar oynarız

#### Translation:

There is a pond in the middle of the monastery:

Oh, what a beautiful pond!

Such wit, the girls of our homeland have!

We dance and play music!

There is a fountain in the middle of the monastery:
Oh, what a beautiful fountain!
What a catch, these eclectic girls of the land!
We dance and play music!

There is a spring in the middle of the monastery:

What a beautiful, dear spring!

The girls in this land are as magnificent as sycamores!

We dance and play music!

6. Rondo Afro Turca featuring Joey Blake

### 7. Gül Kuruttum (I Dried Roses)

featuring Naseem Alatrash
A Traditional Turkish Folk Song

Gül Kuruttum Gül Kuruttum Yâri Sinemde Uyuttum Yâr Söyledi Ben Unuttum

Ah Akabinde Düştü Gönül Yârdan Ayrılması Müşkül

Gül Ezerler Gül Ezerler Gülü Tabağa Dizerler Güzeli Candan Severler

Ah Akabinde Düştü Gönül Yârdan Ayrılması Müşkül

#### Iranslation:

I dried roses, I dried roses...

I let my love sleep on my chest.

My lover whispered to me.
I'd forgotten that moment...

Ah, then my heart fell! It is hard to be parted from my love.

Roses are crushed, roses are crushed -Roses are strewn on plates. How dearly is the heart's beauty loved.

Ah, then my heart fell...
I can't bear to be parted from my love.

### 8. Pendulum

featuring Layth Sidiq Lyrics by Nazan Nihal & Dawn Elder

Ups and downs will last forever.
There will be love - and sometimes hate.
Obsessions cling; feelings are flying
Eternally...

Eternally...

No one said life would be easy,
And no one said it would be that hard.
All I can do is wake up each day
Breathing each moment like it was the end.
Your smile:
Always in my mind.

Eternally...

Ups and downs will last forever. Right or wrong; standing together.

## 9. Lydianie

ft. Bruno Råberg, Jussi Reijonen, & Giuseppe Paradiso An Ancient Lydian Poem

> est mruvaad saristrośλ śfarvad aśtrkoλ νᾶητας νίθή areλ kaτaredkms iskos αήίς qidad savń vratuλ arsταnsrs kasnod

> kśbλtaλkś atrgolλ tafaaλ fabaλkol avkań ětamή uvedmaś vared taλ śfatoś kotaś θat qedkτrad θfiśad (saaλαl umήod

Saristros $\lambda$  Srkastus Katovalis sulos datrosis qa $\lambda$ m $\lambda$ ad qis labta nal atrokl sfardak Artimu $\lambda$  dan  $\theta$ aqrla $\lambda$  astrko $\lambda$ 

fakiτ est inal adaIλ aksaakmλ iskod vãnrakt esήaή ifrol qis fakorfid katofn buk mruvaaλ fak-mλataή viśśis vaarś nid kantrod.

# 10. Degmen Bením Gamlı Yaslı Gönlüme (Don't Touch My Sorrowful, Mournful Heart)

featuring David "Fuze" Fiuczynski
A Traditional Turkish Folk Song

Değmen benim gamlı yaslı gönlüme Ben bir selvi boylu yardan Ayrıldım, ayrıldım, ayrıldım of

Evvel bağban idim dostun bağında Felek vurdu ayva nardan Ayrıldım, ayrıldım, ayrıldım of

Garip kaldım şimdi gurbet ellerde Ben gönlümü çalan yardan Ayrıldım, ayrıldım, ayrıldım of

Çok ağladım Leyla gibi çöllerde Şîrin gibi nazlı yardan Ayrıldım, ayrıldım, ayrıldım of

#### Iranslation:

Don't touch my sorrowful mournful heart! I've parted from my tall lover... We've been separated, separated, oh!

I used to be a gardener in my friend's vineyard...

But destiny got me, and I left behind
those quinces and pomegranates.

We've been separated, separated, oh!

I am lonely now, in a foreign land.
I am severed from the lover who stole my heart.
We've been separated, separated, oh!

I cried a river in deserts like Layla, and I have lost a lover as delicate as Şirin. We've been separated, separated, oh!

#### 1. Bir Varmış Bir Yokmuş Hayat (Once Upon A Life)

featuring Bassam Saba and Tahir Aydoğdu

Lyrics: Nazan Nihal Music: Nazan Nihal & Utar Artun

Vocals: Nazan Nihal Qanun: Tahir Aydoğdu Ney: Bassam Saba Grand Piano: Utar Artun Fretless Electric Guitar: Jussi Reijonen Upright Bass: Bruno Ráberg Percussion: Giuseppe Paradiso

### 2. Ihrill of the Chase featuring Arto Tunçboyacıyan and Dave Weckl

Music: Nazan Nihal Arrangement: Utar Artun

Vocals & Percussion: Arto Tunçboyacıyan Oud: Jussi Reijonen Grand Piano: Utar Artun Upright Bass: Bruno Råberg Drum Set: Dave Weckl

#### 3. Değişmek Cesanet İster (Change Takes Courage) featuring Bassam Saba

Lyrics: Nazan Nihal Music: Nazan Nihal & Utar Artun

Vocals: Nazan Nihal
Ney: Bassam Saba
Electric Guitar: Jussi Reijonen
Grand Piano: Utar Artun
Upright Bass: Bruno Råberg
Drum Set: Giuseppe Paradiso
Choir Director: Semih Bayrakdarlar
Children's Choir: Zehrenar Şenova,
Eyül Hasemoğlu, & Emily Aktas

#### 4. Neotolian Song

featuring Yazhi Guo and Tao He

Lyrics: Nazan Nihal Music: Nazan Nihal & Utar Artun

Vocals: Nazan Nihal
Dizi: Yazhi Guo
Erhu: Tao He
Cello: Naseem Alatrash
Grand Piano: Utar Artun
Classical Guitar: Jussi Reijonen
Upright Bass: Bruno Råberg
Drum Set: Giuseppe Paradiso

#### 5. Manastır Türküsü (Song of the Monastery)

Traditional Turkish Folk Song
Arrangement: Nazan Nihal & Utar Artun

Vocals: Nazan Nihal Grand Piano: Utar Artun

6. Rondo Afro Turca
featuring Joey Blake

Music: Utar Artun

Vocals: Joey Blake, Nazan Nihal Oud: Jussi Reijonen Grand Piano: Utar Artun Upright Bass: Bruno Råberg Drum Set: Giuseppe Paradiso

# 7. Gill Huruttum (I Dried Roses) featuring Naseem Alatrash

Traditional Turkish Folk Song
Arrangement: Nazan Nihal & Utar Artun

Vocals: Nazan Nihal Cello: Naseem Alatrash Grand Piano: Utar Artun

#### 8. Pendulum

featuring Layth Sidig

Lyrics: Nazan Nihal & Dawn Elder Music: Nazan Nihal, Utar Artun, & Dawn Elder

Vocals: Nazan Nihal Violin: Layth Sidiq Grand Piano: Utar Artun Electric Guitar: Jussi Reijonen Upright Bass: Bruno Råberg Drum Set & Percussion: Giuseppe Paradiso

#### 9. Lydianie

ft. Bruno Råberg, Jussi Reijonen, & Gjuseppe Paradiso

Ancient Lydian Poem Music: Utar Artun

Vocals: Nazan Nihal Grand Piano: Utar Artun Fretless Electric Guitar: Jussi Reijonen Upright Bass: Bruno Råberg Percussion: Giuseppe Paradiso

# 10. Değmen Benim Gamlı Yaslı Gönlüme (Don't Touch My Korrowful, Mournful Heart) featuring David "Fuze" Fiuczynski

Traditional Turkish Folk Song
Arrangement: Nazan Nihal & Utar Artun

Vocals: Nazan Nihal
Violin: Layth Sidiq
Cello: Naseem Alatrash
Grand Piano: Utar Artun
Fretless Electric Guitar: David "Fuze" Fiuczynski
Electric Guitar: Jussi Reijonen
Electric Bass Guitar: Glen G. Willett
Drum Set: Giuseppe Paradiso

Recorded at:
Perfection Recording Studio
Boston, Massachusetts, USA
April 8th through 1th, 2016
Audio Engineer: Milad Zendehnam
Additional Engineering: Mauricio Enrique Bernal
www.perfectionstudio.org

Additional Recording on Tracks #1 & #3 at:
Artun Productions
Ankara, Turkey
April 29th & 30th, 2016
Audio Engineer: Mete Artun

Mixed & Mastered by:
Mete Artun (Artun Productions)

Video Production on Tracks 2, 6, & 10 by:

DeSant Productions

www.desantproductions.com

Chris DeSanty: Director, Videographer, & Editor Maximilian Wagenblass: Videographer Emily Graham-Handley: Videographer Adam Mikaelian: Videographer Daye D'aranio: Titles

> Additional recording & filming by: Dave Weckl Production Services www.daveweckl.com

Artwork by: Sema Çulam "Papatyalar", 2015 "Papatyalar", 2013 www.semaculam.com

Photography by:
Seth Wood
www.sethwoodphotography.com

CD Design by: Dave D'aranjo & Kaan Uğrasiz

www.neotolia.com

Produced by:
Nazan Nihal, Utar Artun,
Dave D'aranjo, and Luc Reuvers
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# THANK YOU

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We would also like to thank all of our wonderful musician friends who put
their kind efforts and rich souls into our music. Last but not least, we are
thankful to the divinity which inspired us to make music together.

#### About the Artwork:

This album employs two beautiful paintings by the internationally renowned Turkish artist Sema Culam (born 1957 in İzmir). Created in 2013 and 2015, both pieces are titled "Papatyalar" - or, in English, "Daisies". Culam often will create multiple works around a central naturalistic detail: evoking flowers, produce, agriculture, and the simple beauty of rural life. Raised in Istanbul, Culam also cites the rich civilizations of the region as a primary influence in her artwork. Though her early career focused on figurative abstract painting, she has - for nearly twenty years now - embraced and built upon techniques from the Naïve Art movement. Culam's pieces in this style are like the meticulous illustrations of a storybook; filled with quaintness, charm, and rich golden sunlight. Her depictions of lush gardens, rolling hills, and common folk working the land evoke a sense of tranquility and ideals of purity and kinship. Multiple exhibitions of Culam's work have been mounted in Turkey, France, Germany, Spain, Italy, Bulgaria, Brazil, the United States, and beyond, Sema Culam is also a member of the International Association of Art (IAA/AIAP; an official partner of UNESCO) and has won multiple international awards for her work.



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